Cougar e-BLAST

Friendly Reminders . . .

Monday, April 15th

- Board of Meeting, CMS Library @ 6:00pm

Friday, April 19th

- No School – Non Attendance Day

Wednesday, April 24th

- 4th grade Field Trip to Naper Settlement

Thursday, April 25th

- 6th Grade Parent Orientation, PKMS @ 6:00pm

Friday, May 3rd

- 12:10p Dismissal - SIP Day

Monday, May 6th-Friday, May 10th

- Staff Appreciation Week

Tuesday, May 7th

- 5th grade Field Trip to Morton Arboretum

Wednesday, May 8th

- 5th Grade Visit to PKMS @ 9:30am-11:00am

Friday, May 10th

- PTO Color Run/Walk @ 4:30pm

Tuesday, May 14th

- PTO Meeting, CT @ 7:00pm

Check the Digital Bulletin Board for flyers from community groups & organizations

Registration for the 2019-20 school year is happening NOW!

Incoming Kindergarteners

If you have a kindergartener that will be attending Country Trails next year and have not registered them, please call Teri Schramer at 847-717-8000. Please share this with any friends or neighbors that have an incoming kindergartener that might not be aware.

Children must be five (5) years of age on or before September 1, 2019 in order to enroll. Items Parents/Guardians need to bring to register their student:

1. **Official Birth Certificate as issued by the County** in which the child was born.
2. **Proof of Residency** – if first child in the district

   A. (**One** document required) Most recent property tax bill, mortgage papers (homeowners), or signed and dated lease with proof of last two month's payment.

   B. (**Three** documents showing proper address are required) Driver's license, vehicle registration, voter registration, most recent utility bills, credit card bill, or other mail addressed to you and received at residence. One item must be a utility bill or have been received via US mail.

Please call the Transportation Office at 847-464-6052 if you have any questions regarding which elementary school your child will attend.

New Families

New families need to contact the school office to register their students. Once we get some basic information and enter the students into the system, parents will receive information on how to complete the remainder of the registration process online.

New families are required to prove residency at the school. In addition, birth certificates must be on file for all students.

Returning Students for the 2019-20 school year

To register returning students, parents need to log into the Skyward Parent Portal, which is located at the top of any district webpage or by clicking this link. If you do not have access to the internet or need assistance with your login information or the online registration, please contact the school office at 847-717-8000. Here is a link to the parent guide to online registration for your convenience. Parent Guide to Online Registration

Families who rent their homes or are living with another family within district boundaries (host) are required to complete a Verification of Residency and Enrollment form and provide the required documentation each school year. We will begin accepting residency documentation for the 2019-20 school year on May 1st.

Online Registration for Returning Students for the 2019-20 school year is due NOW!

Check the Digital Bulletin Board for flyers from community groups & organizations

A note from Mrs. Hansen

Please note that the week of **May 13th** will be the last week to check out books in the Country Trails Library! All library books will be due back the week of **May 31st**.

Students will continue to receive overdue notices for books that have not been returned by their due date. Please help your children look for these overdue books. If the overdue books are not returned, it will be necessary for you to pay for the lost book so it can be replaced.

We appreciate your help in getting all library books returned to the library! If you have any questions, please contact Gigi Hansen at gigi.hansen@central301.net

Thank you!

News from Nurse Dossey

The state of Illinois requires all students who are in Kindergarten, 2nd, and 6th grade to have a dental examination completed and on file in the health office by May 15th. The dental examination must be completed within 18 months prior to the 05/15/19 deadline. If you have not already done so, please send in the completed examination form to the health office as soon as possible.

Thank you!

Check the Digital Bulletin Board for flyers from community groups & organizations

Prairie Knolls Middle School

5th Grade Parent Night and Spring Open House

April 25, 2019 6:00-7:30

Please enter at Door 26 (South Parking Lot)

6:00-6:30 **Introduction to PKMS:** Gymnasium – Learn all about your student's transition to middle school! We want to ensure we have space for everyone, so ***parents only***, please ☺

Choose to attend any of the sessions listed below:

School Safety & Social Media

Director of the district safety committee, Rebecca Jurs, will discuss school safety measures and keeping your student safe on social media. ***LIBRARY***

Session 1: 6:35-7:00 Session 2: 7:05-7:30

Mastering Canvas

Come hear the answers to common Canvas questions and experience what your students will have right at their fingertips ***RM. 123***

Session 1: 6:35-7:00 Session 2: 7:05-7:30

"From Stressed Out to Chilled Out"

School Psychologist, Purvi Parikh and School Social Worker, Charles Brooks will discuss strategies for coping with school stressors. ***Cafeteria***

Session 1: 6:35-7:00 Session 2: 7:05-7:30

Study Skills & Organization Tips

What strategies can my student use to help him/her keep themselves organized and prepared for each of their classes? ***Gym***

Session 1: 6:35-7:00 Session 2: 7:05-7:30

OR….

Take a tour of the building with one of our Student Ambassadors!
Red Organizational Folders will be for sale in the hallway for $4.00 each!

Dear Parents,

This year Country Trails is going to be participating in a Caring Mall. Each grade level has adopted a charity and will be learning about the charity, the community it serves and the items that are needed. Throughout the month of April, grade levels will be learning about the power of giving, needs in our community, kindness, hunger, poverty and homelessness. We will be engaging the children with conversation and great books. During the week of **April 29-May 3rd,** students will be able to bring in **any** items from **any** of the adopted charity's lists and deliver it to the charity (which will be set up in the lunch room) during their grade level times.

Below is a list of the adopted charities:

The Elgin Police Department

Anderson Animal Shelter

Go With the Flow

The Elgin Crisis Center

Ronald McDonald House-CDH

Edward Hines VA Hospital

Cal's Angels

Included in this letter is a wish list from all of the above charities if you are interested in donating. **Along with the adopted charities we will also be doing a coin drive to purchase gift cards for each of the charities.**

If you are donating to a specific charity please label the bag with the charities name and we will make sure it gets to the specified charity.

Thank you so much in advance for your donations and kindness. Together we can change our community for the better. Sir Winston Churchill said it best, "We make a living by what we get. We make a life by what we give".

WISH LIST for the Elgin Police Department

Food Gift cards

- McDonalds
- Burger King
- Dunkin Donuts
- Wendy's
- Taco Bell
- Subway
- KFC
- Jewel Grocery Store
- Aldi Grocery Store

Transportation Gift cards

- Pace Bus Passes

WISH LIST for Anderson Animal Shelter

Cat and Dog Wet Food (Any Brand, Any Formulas)

Solid Gold Mighty Bites Formula

Solid Gold Kitten Food

Cat Litter (Non-Clumping)

Stretch & Scratch (*stretchandscratch.com*)

Feather Cat Toys

Feliway Spray or Plug-In Refills for Cats

KMR (Kitten Milk Replacement)

Kitten Feeding Bottles

Soft Paws or Soft Claws

Nylabone Dog Bones

Stuffing-less Plush Dog Toys

Kongs

Pill Pockets (Large Dog)

Treats (soft or moist only)

Nylon Dog Leashes with Swivel Clip

Midwest Folding Metal Dog Crate

Adaptil Spray & Collars for Dogs

Puppy Playpens (Metal)

Paper Towels

Gallons of Bleach

Hand Sanitizer

Frontline Plus for Cats or Dogs (Any Size)

Newspaper (Shredded to 1-2 inch wide strips is immensely appreciated)

Stainless Steel No-Tip Pet Food Bowls

Thermal Laminating Pouches (8.9 in x 11.4 in)

Gift Cards to Petco, Petsmart, Pet Supplies Plus, or Sam's Club

Dog-safe sidewalk snow salt (MUST be pet-safe!)

Towels used or new

Sheets used or new

WISH LIST for Go With the Flow

Travel size toiletries
Pads or tampons
Small makeup bags
Deodorant
Ponytail holders
Hair clips
Bobby pins
Nail polish
Nail polish remover
Hair brushes
Combs
Qtips
Cottonballs

Emergency Food Pantry Needs

Our pantry is available 7 days a week 9 am – 8 pm.
The following items are **most** needed items:

- Canned fruit
- Canned meat meals: beef stew, chili, ravioli, chicken, etc.
- Cereal/oatmeal (small packets)
- Peanut butter & Jelly
- Macaroni & cheese - boxed
- Pinto beans, dry 1# bags
- Pork & beans
- Saltine crackers
- Soup/Ramen noodles
- Spaghetti noodles 1# bags
- Spaghetti/marinara sauce
- Spaghettio type canned items
- Tuna – can or pouch
- White rice 1# bag/box
- Diapers size 4, 5 & 6; baby wipes
- Personal care items: body wash, lotion, deodorant, toothpaste, toothbrushes, shampoo, lip balm, disposable razors, toilet paper etc.
- **Pop top/easy open foods for our homeless population**

Please call before making a delivery 847-742-4088.

The Community Crisis Center is a non-profit social service agency providing services to individuals & families in Kane and NW Suburban Cook Counties who are dealing with economic crisis, domestic violence or sexual assault. Contact Lisa W. at **847-742-4088x130** or lwinchel@crisiscenter.org for more information or visit www.crisiscenter.org

Mission Statement: We provide **S**afety, **H**ope, **A**dvocacy, **R**espite and **E**ducation for those impacted by crisis and violence in the Fox Valley Region and Illinois.

Shelter Needs

- Twin size blankets or light weight quilts and sheet sets (new or gently used)
- Deodorant for men & women
- Toothpaste, toothbrushes, lip balm, & floss
- Brushes, combs, picks, & hair accessories (headbands, elastics, clips, barrettes, etc.)
- Small & large bottles of shampoo, conditioner, lotion, body wash
- Black hair care products (shampoo, conditioner, oil sheen, pomade/grease, edge control)
- Boys **new seasonal** clothing sizes 18 months - boys sz 8 (S)
- Diapers – Babies: sizes 4, 5 & 6 & wipes
- Feminine hygiene products
- HE powder laundry detergent, fabric softener sheets
- Facial tissue, band aids, antibiotic ointment, acetaminophen, ibuprofen, antacids
- Seasonal pajamas for women & children (all sizes)

Contact Kristin Sommers, Facility Manager at 847-742-4088 x 148 or ksommers@crisiscenter.org

Current Volunteer Needs

- Dinner Donations for Shelter
- Lobby/Food Pantry – sorting & stocking
- Hospital Advocacy – training class required
- Interpreters – all languages
- Fundraising
- Shelter services
- Donations – sorting & storage

Contact Melissa Owens, Volunteer Coordinator at 847-742-4088 x 152 or mowens@crisiscenter.org

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Ronald McDonald House-Winfield

OUR WISH LIST

“The House took a huge pressure off of us. It really is amazing how they accommodate for everything you need in the House. It really hits you what you really need when this happens to you,” – Family member

Our houses and family rooms are just like your home – we need the basics and more to help comfort and support families.

You can really make an **extraordinary** difference with **ordinary** everyday items to keep the house running and making it feel like home.

Items for the House

What We Take
We kindly accept **new, unused, and unexpired** items and greatly appreciate **environmentally-friendly products.**

Most Needed Items

- Vacuum cleaners
- Hair dryers

Wish List Items for the House

Food and Beverage Items

- Individually wrapped snacks
- K-Cups
- Individual portion of soup/mac n cheese

Kitchen and House Supplies

- Roller paper towels
- To-Go Coffee Cups with Lids
- Serving bowls and platters

Personal Care Items

- Individual bottles of hand soap
- Deodorant

Ronald McDonald House-Winfield (Continued)

OUR WISH LIST

Cleaning Supplies

- Laundry Detergent and Dryer Sheets
- Drawstring Garbage Bags: 55/33/13/8 gallon
- Disinfectant cleaning wipes
- All purpose cleaning spray and glass cleaner
- Liquid Dish Soap and Sponges

Office Supplies

- Postage stamps
- White Copy Paper: 8.5 x 11

Gift Cards

- Gift cards to Target, Home Depot, Jewel, Sam's Club/Walmart, Bed Bath and Beyond, CVS, Walgreens & Office Depot

New Toys

- Barbies
- Matchbox items,
- Action figures
- Baby toys
- Crafting kits
- Learning Toys

What we don't take

We do not accept used or opened items. We do not take donations of used furniture, used books, used toys (games, videos, etc.) or used stuffed toys.

DEPARTMENT OF VETERANS AFFAIRS
Edward Hines, Jr. VA Hospital
Voluntary Service – Building 9
5000 S. Fifth Avenue
Hines, IL 60141

Voluntary Service Comfort Items Donation List and Guidelines

708-202-2523

Updated January 3, 2017

The following items are accepted throughout the year. Individual/Travel sizes of toiletry items are preferred. Please call Voluntary Service (708-202-2523) prior to bringing any items not on this list.

Alcohol free aftershave
Alcohol free mouthwash
Chapstick or lip balm
Combs
Crossword puzzle/game books
Denture adhesive
Denture cleaner (tablets)
Deodorant
Disposable razors
Word-find books
Hand & body lotion
Nail clippers
New undershirts (all sizes)
New underwear (all sizes)
Playing cards
Shampoo
Shaving cream
New sweatpants (all sizes)
New sweatshirts (all sizes)
Toothbrush
Toothpaste
New winter gloves
New winter hats

- **Magazines & Books:**
  - Weekly magazines must be current / within 1 month
  - Monthly magazines must be current / within 6 months
  - Only paperback books are accepted

- We DO NOT accept the following items:
  - Clothing & Lap robes/blankets:
    - Any lap robes/blankets, used clothing, or any other fabric items (this is for infection control and to ensure the safety of our patients)
  - Medical Equipment:
    - Any used medical equipment (to include beds, wheelchairs, walkers)

Donation Drop Off Information:

- Voluntary Service office – Building 9
- Monday through Friday (7:00 AM – 3:00 PM), except federal holidays
- Do not leave donations outside of the office if it is closed. Items left outside of business hours are liable to be discarded.
- Please contact Voluntary Service with any additional questions: 708-202-2523

In accordance with 38 U.S.C. 8301, VA is authorized to accept donations or gifts for the benefit of patients. This list of needs is provided to inform potential donors or gift givers of the needs of the local facility to "care for those who have borne the battle".

The Internal Revenue Service (IRS) has announced that under the Tax Code donations to the Department of Veterans Affairs' General Post Fund (GPF) for exclusively public purposes are deductible from federal income taxes in the manner and to the extent allowable. The announcement reflects the tax law provision, which makes those donations deductible as "donations to the United States."

Donations to support any of the Department's programs are deductible, whether the donor directs the donated funds be used for a specific purpose or allow the Department to decide how the donated funds will be used.

cal's angels

Wishes Awareness Research

WISH LIST for Cal's Angels

Gift Cards

- Amazon
- ITunes
- Target
- Applebees
- Chilis
- Any Restaurant Chain

COUNTRY TRAILS PTO

2nd Annual Golf Outing

Saturday May 18, 2019

1:30pm Shotgun Start

Whisper Creek Golf Club - Huntley IL

$500/foursome ~ $300/pair

Registration includes: golf/cart, unlimited Driving Range, Lunch, Dinner Buffet

For More information or to Register:

www.CTPTOgolf.com

ctptogolf@gmail.com

Generously Sponsored by:

FUTURITY FIRST Retirement | Life | Health

SENIOR MARKET SALES, Inc

Medicare Made ABCD - easy

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the Village Squire Restaurants Good Place to Be

MJ Michael Jordan's Restaurant

Caffé Mariani

Greco and Sons

MA Pools & Spas Chemicals · Service · Supplies

J Toledo Landscaping

BriAmo Photography

Mutual of Omaha

LaVelle Law Integrity | Value | Results

Aflac

COUNTRY TRAILS PTO

Country Trails PTO Golf Outing

Country Trails 2007 Cougars

Central Rockets Soccer Camp

Rockets soccer camps are designed for players of all levels who want to learn and improve their fundamental soccer skills in a fun, safe and encouraging environment. Each day is filled with a variety of activities to promote correct soccer technique including individual ball mastery, small sided and competitive games

Central Rockets Soccer Camp

Who: 2nd Grade-8th Grade

Date: June 10th–13th

Time: 10:00 -11:30am

Location: Rockets Game field (HBT)

Cost: $65

--Players will receive: T-shirt & Player evaluation

--Players will need: Ball, water, soccer cleats, indoor/gym shoes in case of inclement weather

<u>Already signed up for Basketball? –How about do both!</u>

Athletes who are signed up for basketball camp will have the opportunity to be escorted by Rockets staff to the soccer fields immediately following each day of basketball

Any further information please contact boys soccer coach Mick Galeski

Michael.galeski@central301.net

Middle School Success Series

LEARN GOOD ACADEMIC HABITS FOR MIDDLE SCHOOL SUCCESS

docx

REGISTRATION FORM 2019 The Middle School Success Series.docx

Click here to download the 2019 registration form.

Download

31.9 KB

* STUDY SKILLS *

* ORGANIZATIONAL SKILLS *

* PERSONAL RESPONSIBILITY *

* TIME MANAGEMENT *

* GOAL-SETTING *

Session 1: "**Middle School's Tools!**"
- Organizing locker, materials, & homework space
Tuesday, August 6

Session 2: "**Secret Study Skills**"
- Notes & outlining, using mnemonics, & active learning
Wednesday, August 7

Session 3: "**It's About Time (Management)!**"
- Creating homework habits, tracking, & planning
Thursday, August 8

SERIES HELD AT PRAIRIE KNOLLS MIDDLE SCHOOL

Sessions run from 9 a.m. to 12 p.m.

Tues., Aug. 6, Wed., Aug. 7, & Thurs., Aug. 8, 2019

THREE DAY SERIES AND MATERIALS = $175

COURSEBOOK - "THE MIDDLE SCHOOL STUDENT'S GUIDE TO RULING THE WORLD!"

TO REGISTER, CALL JENNY AT 847-878-0831 OR EMAIL JENNIFERCTHERIAULT@GMAIL.COM

ABOUT THE INSTRUCTOR

Facebook

Jenny Theriault began teaching almost 25 years ago. She taught elementary grades as a classroom teacher, worked with returning adults earning their GEDs, and served as a substitute teacher in District 301. She is currently a doctoral candidate at Northern Illinois University where she serves as the facilitator of The Academic Literacy and Learning Program. In this role, she teaches college reading and study strategy courses. Through these various experiences, Jenny has personally witnessed that ***all*** learners must master learning skills before they can ever achieve classroom success. As an educator and a parent, Jenny firmly believes in the value of developing the skills necessary to succeed and being better prepared to start the school year off right!

jenniferctheriault@gmail.com 847-878-0831
facebook.com/MiddleSchoolS...

COMMENTS ABOUT THE MIDDLE SCHOOL SUCCESS SERIES

"This Middle School Series was a great way to help our middle school student prepare, organize and become more confident in how to manage through all of the changes they experience in middle school. Great program and would highly recommend it for all incoming 6th graders! "

"Entering 6th grade, this series is great for kids to help them feel organized, understand time management and feel comfortable moving to middle school. It's a great refresher for those coming back to 7th grade as well after that summer break."

"I was thankful to receive notes about what was covered in class so that I could reinforce the information at home. Also, I appreciated the references to psychological concepts such as those in Dweck's research. I think it was helpful for my child to learn skills for organization, planners, and notetaking. I believe my child gained confidence through participating in the class."

"I liked that my son has less trepidation and more excitement about middle school starting. His anticipation to start school is positive. What a plus!"